

## Frequently Asked Questions (FAQs)

### Race Format

1. What is the difference between Open and Novice categories?
  - ☒ Open category will involve water-based elements - kayaking. Kayaking certification is required.
2. Will it be a team relay, or do all team members have to do all activities?
  - ☒ All team members have to complete all segments together.
3. What is the exact distance breakdown among race disciplines?
  - ☒ This will not be disclosed to all participants until the pre-race briefing, or at the organizers' discretion.

### Race disciplines

4. What if I can't skate well?
  - ☒ Only basic inline skating skills are required. Team members will be allowed to aid each other.
5. Do I need my own equipment?
  - ☒ No, we will provide rental bicycles/helmets, skates/guards, and (for Open Category) kayaking equipment. The rental cost is already included in the participant fee.

### Race requirements

6. What if I don't have kayaking 1-star award certification?
  - ☒ Only participants with at least kayaking 1-star award will be allowed to join the Open category. If your team is unable to fulfil the requirement, please consider joining the Novice category.
7. What if I don't have swimming certification?
  - ☒ SMU students are required to must show proof of swimming proficiency (eg. Bronze award, participation in Biathlons), or pass the SMU swim assessment. ☒ Non-SMU students must show proof of swimming proficiency (eg. Bronze award, participation in Biathlons) and sign a declaration form about swimming proficiency at the pre-race briefing.

### After registration

8. Is there food provided?
  - ☒ No, food will not be provided except for water at water points at certain checkpoints.
9. When is the pre-race briefing? Is it compulsory?
  - ☒ The pre-race briefing is compulsory and will be held on Saturday 10th April at SMU (exact venue to be confirmed).
  - ☒ Once confirmed, we will send an email update to confirmed participants and update the website accordingly.
10. What is the refund/withdrawal policy?
  - ☒ Full Refund – Before 4th April 2010
  - ☒ Refund Variable Costs **ONLY** – Between 5 April 2010 to 11 April 2010
  - ☒ No Refund – After 11 April 2010
11. Can I replace a team member before the race?
  - ☒ Replacement of team members will be allowed up to 10 April 2010, subject to the organizer's approval, and only if the new member meets all the requirements and rules.

For more queries, please drop us an email at [adrace@smu.edu.sg](mailto:adrace@smu.edu.sg)!